



Immanuel Lutheran College

# Immanuel IN *touch*

2 June 2021 | ISSUE 9

**Inspiring Learning - Building Community - Enriching Lives**



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## From the Principal

Dear Parents

A warm welcome to Week 7. I trust you are enjoying this stunning autumn weather as much as I am, particularly the cold mornings!

### Immanuel Arts Festival

The 40th Immanuel Arts Festival was an event to remember. With income and expenditure to be reconciled in coming weeks, early indications show that it was the most successful festival to date! Just as importantly, as a 'friend raiser' and a significant event on the Sunshine Coast's cultural calendar, it received significant media coverage and certainly made its presence felt. With many quality artworks displayed, and excellent patronage across the three days of the Festival (blessed by wonderful weather), it again cemented its place as an exhibition of note for talented artists who entered and sold their artworks this year.

Highlights from my perspective were the significant quality of student entries, multiple artists in residence and the all-time high of entries in the Wearable Art fashion parade.

My thanks and appreciation to our wonderful musicians, hospitality students and their families, as well as their teachers and tutors. Moreover, my thanks to the many volunteers who transformed the Stadium into a temporary art gallery and were such generous and helpful hosts for our visitors. In particular, I would like to acknowledge the outstanding work of Lauren Nielsen, our Community Relations & Event Coordination Officer, who, with the support of the Festival Committee and many others, pulled the whole event together. I also thank ILC staff, as well as numerous students and parents (current and past) who volunteered their time throughout the festival in myriad roles. Collectively they surely epitomise the old adage:

*Immanuel Lutheran College Careers*



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Thank you to all who attended the 2021 Immanuel Arts Festival – your support of the P&F and our College is greatly appreciated. In closing, I especially acknowledge our Platinum and Gold Sponsors:

- The Inkspot Printers
- 92.7 MIX FM
- My Weekly Preview / Sunshine Coast News
- Kindesign
- Medicine on Second
- To Hold & To Have Jewellers
- Weareco, Smart Clothing Company



### Grandparents' Day (Wednesday 2 June)

We were blessed with fine weather today to celebrate this special day on the College calendar. Over five hundred grandparents visited today, to share a day in the life of their grandchild/ren. As always, it wasn't just our visitors who were enjoying this opportunity for cross-generational interaction – the students and staff also relish being able to demonstrate the types of learning which occurs in schools in 2021. Naturally, teaching methods have undergone significant change, mainly due to the rapid pace of technological advances, and many of the things taken for granted by today's students were simply not available to their parents' generation, let alone their grandparents!

While this event looked a little different this year due to COVID restrictions, we were still able to celebrate relationships and provide some delicious snacks for our special visitors. Particular appreciation is extended to Diane Paterson, Commercial Operations Manager, who together with Lauren Nielsen, Community Relations & Event Coordination Officer, assisted with the coordination of the all-important catering and organisational arrangements, as well as to the many staff who ensured that the day was an enjoyable and successful one for all.



### Show Day (Friday 11 June)

Enjoy next Friday's Show Day holiday – the weather is looking promising for those who are planning a visit to Nambour to enjoy the annual show.



### Questions about Studying, Remembering and Learning

As we enter these last few weeks of assessments, I offer this advice from Benedict Carey.

**How important is routine, like having a dedicated study area?**

Not at all. The more environments in which you rehearse, the sharper and more lasting the memory of that material becomes. Most people learn better by studying in different locations, using different methods, at different times of the day, constantly changing the way they store material in memory.

**Is there an optimal amount of time to study or practise?** More important than how long you study is how you use the study time you have. Ideally, break up study time into chunks over two or three days, each time re-engaging with the material, retrieving it, and re-storing it in memory.

**How much does it help to review notes from a class or lesson?**

Looking over highlighted material is one of the least effective ways to study; the same goes for verbatim copying. That's because both are fairly passive and don't engage the brain in the kind of work that will make learning sink in. What's more, passive review can cause what cognitive scientists call the 'fluency illusion' – unwarranted confidence that you'll remember it for good.

**Is cramming a bad idea?** Not always. It's okay if you're behind and have no choice. But the downside is that you won't remember much afterwards.

**What does work?** Self-testing is one of the strongest study techniques. Old-fashioned flashcards work fine; so does a friend putting you through the paces. So does reciting a passage from memory or explaining a concept in writing. Testing yourself does two things: it forces you to retrieve information from memory, and it gives you immediate feedback if you couldn't remember it, so you know what you don't know and need to work on.

**Is it best to practise one skill at a time until it becomes automatic, or to work on many things all at once?** Working on just one thing (free throws, a musical scale, the quadratic equation) improves skill. But over time, such focused practice actually limits our development of each skill. Mixed practice helps review material from several areas, sharpens differentiating among them, and trains the brain to match the problem types with appropriate strategies. This is especially helpful in a subject like mathematics.

**How does sleep affect learning?** The deep sleep that occurs in the first half of the night is most important for consolidating and retaining hard facts – names, dates, formulas and concepts. So, if you need to remember that kind of information, go to bed at your regular time to maximise deep sleep.

**Are distractions from smartphones a bad thing?** When you're struggling to solve a problem, a short study break – ten minutes to check in on social media – is an effective technique. Distracting yourself from the task at hand allows you to come back fresh. Acknowledgement: From *How We Learn* by Benedict Carey

Blessings for the coming fortnight.

Yours in Christ

Colin Minke  
Principal

### Chaplaincy Chat

#### Thriving in Relationship

Living on the Coast, we have so many opportunities to enjoy God's wonderful creation with our families and friends.

Interestingly, science research supports what we already know intuitively, that enjoying creation is good for us. If you'd like to read more about the research here is a link: <https://askthescientists.com/outdoors/>

In Genesis 1 and 2 we read that we were created to be in relationship – with God, with one another and with creation.

During our P-12 Worship at the beginning of next term we will be celebrating this beautiful reality.

As a part of this gathering, we would like to share photos of our families enjoying nature, so if you are willing to share a photo of your family or children relating within nature (eg. Fishing, cuddling a koala, camping etc) please email me at: [mathewsg@immanuel.qld.edu.au](mailto:mathewsg@immanuel.qld.edu.au).

The photos will only be used during the P-12 Worship.

Thank you; and blessings as you thrive in relationship!

Gayla Mathews – Chaplain

### College Counsellor

I don't know about you, but at my house, these chilly Autumn days are putting the focus on cooking tasty warming meals.

Recently I listened to Professor Felice Jacka, Head of the Food and Mood Centre, talk about the growing evidence base around diet and mental health. Our own research facility here on the Coast, The Thomson Institute, also champions this research.

Professor Jacka outlines the evidence to support the reduction of mental illness (in particular depression, along with anxiety) through the use of diet. High plant food intake along with fish, nuts and plant-based oils forms the basis of the diet but the finer details of the research and the dietary guidelines can be listened to in the interview below. If you are time poor, I suggest dropping in at about 16:00 and then again at about 36:00.

<https://www.youtube.com/watch?v=p2cjl3Z6hBI>

Tarnya Mitchell – College Counsellor

## Primary School



The term continues to pass at a frenetic pace with athletics carnivals, musical rehearsals, the upcoming SCISSA Gala Day and end of term assessments.

It is around this time of the term children begin to experience fatigue more quickly and potentially exhibit behaviours that are out of character. It is amazing what a good night's rest and nutritious breakfast do to

recharge those batteries each day. An extra piece of fruit can also boost energy and immunity as we move into a changing season.

Years 3 and 5 students recently participated in the NAPLAN assessment program. All students undertook the assessment with diligence and enthusiasm. A sense of calmness permeated the testing period which is a credit to teachers, parents and students as everyone worked together to achieve the very best results possible. Families of students in these year levels will receive a NAPLAN report in Semester Two. The report provides an individual summary of each child's achievement and a comparison of their results to the Australian average in Reading, Writing, Spelling, Grammar and Punctuation and Numeracy. It is worth remembering that NAPLAN results are only a small part of a child's overall assessment throughout the year and often reaffirms the wonderful results being achieved in a child's learning journey.

### Staffing

It is with sadness that I advise Mr Peter Evans has resigned his position as Primary School Visual Arts Teacher effective at the end of this term. Mr Evans is planning on spending more time with his young family. We are tremendously grateful for his service to the College in building an outstanding Visual Arts curriculum across Years Prep to 6. I am certain you join with me in wishing Mr Evans much success in his future endeavours. Highly regarded casual staff member Mrs Rebecca Garrigan has been appointed to teach Visual Art in the Primary School for Semester Two, 2021. We warmly welcome Mrs Garrigan to the teaching staff. A recruitment cycle for an ongoing permanent position will be undertaken in August for commencement in January 2022.

### SCISSA Gala Day Two

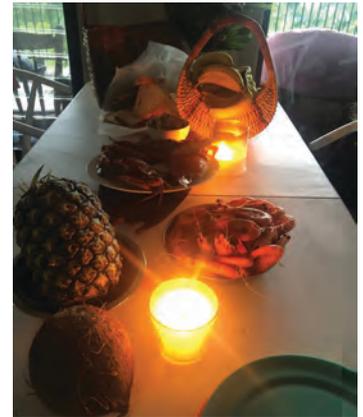
SCISSA Gala Day Two is being held on Thursday 10 June (the back-up date is 17 June). Families of students in Years 4 to 6 will receive communication regarding venues in the coming days. We look forward to an exciting day of competition between Independent Primary Schools across the Sunshine Coast. Should you require further information, please contact Primary School HPE Coordinator Michael Johnson E: [johnsonm@immanuel.qld.edu.au](mailto:johnsonm@immanuel.qld.edu.au) or the Primary School Office on T: 5477 3402.

### School Photos

A reminder that next Monday 7 June is our class photo day. Students are to ensure they are wearing the correct uniform, including hair accessories. Sibling photos are taken from 7.30am to 8.30am in the Primary School Hall. Sibling photo envelopes may be obtained from the Primary School Administration.

### Casual Clothes Day – Light Up Vanuatu

I thank the Primary School community for their outstanding support of our recent casual clothes day to raise money for the purchase of solar lights as part of our Light Up Vanuatu initiative. An amazing \$2,415 was raised on the day by Years Prep to 5, with Year 6 students continuing to complete service projects at home with a goal of \$35.00 each. What a generous school we have! We will keep you posted with updates of our purchase and construction of the solar lights in coming weeks.



### Athletics

Our Primary School Interhouse Athletics Carnivals will be held on the dates below:

- 14 June – Years 3 to 6
- 15 June – Years Prep to 2

Families have received direct emails regarding information relevant to their child's year level.

### Vacation Care

OSHC accepts families from ILC and families from any school on the Sunshine Coast during Vacation Care. Our maximum licensed capacity is 60 children at OSHC and 45 on excursion days; we can therefore fill up quickly and need to waitlist families. We place families on the roll in order of the date the booking form was returned – we adopt a first in best dressed approach so make sure you get in quick once the program is out to avoid disappointment.

With the school term ending on 18 June, should you need Vacation Care during this time, please contact Ms Tamara Scutts on T: 5477 3418. Please note the service is closed on Sunshine Coast Show Day, Friday 11 June, when no care is available.

Thank you for the continued support of your child's learning journey at Immanuel.

Scott Moore – Head of Primary School

## Secondary School



### 40<sup>th</sup> Immanuel Arts Festival

I extend a special thank you to all students, parents and staff who participated in the Immanuel Arts Festival. I am referring not only to those who submitted some amazing artwork, but also to those who were involved in performances, who assisted as

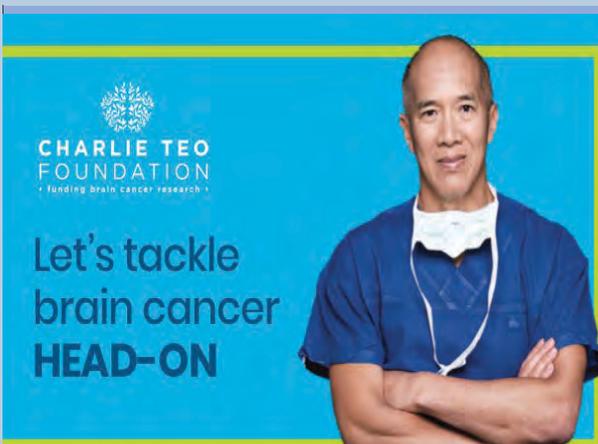
caterers and/or service staff, and those who helped with the set-up and pull-down. You all did a wonderful job – well done!

### School Photos

Earlier this week, Secondary School students sat for their individual and home group photos. Many thanks to all families who arranged an order. Please note that orders can still be placed online at: [www.qldschoolphotography.com.au](http://www.qldschoolphotography.com.au) using the code: 8VPMCLK. The online ordering option will be available until Sunday 6 June.

### Free Dress Day (4 June)

This Friday will see a free dress option for all in the Secondary School in support of the Charlie Teo Foundation. Everyone is encouraged to wear blue, and to make a gold coin donation. Donations will be collected during morning home group. As with all free dress days, students will need to wear enclosed shoes, covered shoulders and midriffs, appropriate length shorts/skirts/dresses and a hat. As this will also tie in with Open Mic, we are looking forward to a really great day.



### Sunshine Coast Show Holiday (11 June)

A reminder that students will not be required at school on Friday of next week due to the Sunshine Coast Show holiday.

### Year 10 Work Experience Program (14-18 June)

During the final week of this term, Year 10 students will complete a work experience placement as part of their Careers Unit from 14 to 18 June. Work experience provides an opportunity for students to sample potential vocational pathways through participating in a typical 'week on the job'. As a result, they can discover their own likes or dislikes within their chosen area of interest and then relate this to their future course of study. We wish Year 10 students all the very best for their placement and look forward to hearing of their experiences upon their return next term.

### Mid-Term Absences

I remind parents that any absence during school time is to be applied for in writing. The process is to assess the duration of the absence, and the potential impact of the absence in terms of the learning and assessment that will be missed. It should be noted that the Queensland Curriculum and Assessment Authority does not recognise family holidays as a legitimate reason for adjustments (such as re-scheduling an exam). Therefore, any absence, without approved reason, will most likely disadvantage students. Please note that I raise this so that the implications of mid-term absence are understood and so we may work with families to mitigate any disadvantage to student learning and academic results.

### Assessment Pressure

As most families are aware, the end of semester pressure on students to prepare for exams and submit assignments can be demanding. I cannot stress enough the importance of a balanced lifestyle to help ease the anxiety that may be experienced during this time. A nutritious diet, combined with adequate sleep and regular exercise is so important in assisting students to think clearly and effectively throughout this period of assessment. Should you feel however that your child is experiencing a level of stress that is beyond the norm, please contact their Home Group teacher for guidance.

### Locker Clean Outs

As the mid-year break is almost here, I encourage all students to start the process of clearing their lockers of any unnecessary items that have accumulated over the past term – especially any food items that may have found their way to a comfortable hiding place! This will help to ensure an organised and positive start to Term Three.

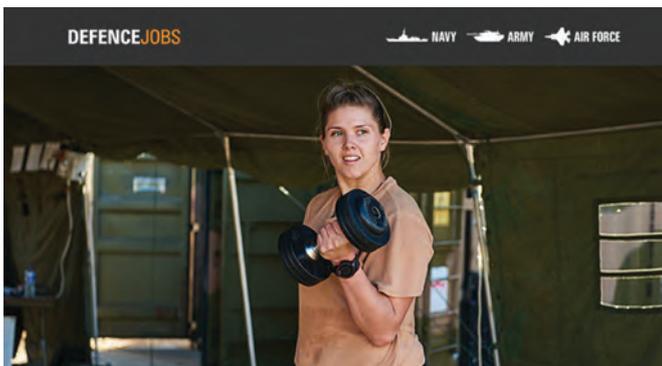
### Nick Cheyne – Head of Secondary School

## Student Pathways Coordinator



### eDiscovery school holiday program

At USC we aim to make learning fun! Our eDiscovery school holiday program encourages students aged 8 to 15 to collaborate with new friends and stretch their imagination in the areas of science, technology, engineering and maths. Through interactive half-day workshops, young explorers and scientists develop key skills including problem solving, creativity and critical analysis. Workshops fill fast, so secure your place now.



### Discover Army Career Opportunities

Defence Force Recruiting Maroochydore invites female students in Years 11 to 12 to join their Women in Defence Team on a Challenge Yourself Army Experience Day on Wednesday 30 June at Gallipoli Barracks, Enoggera from 6.30am to 3.00pm. Transport from DFR Maroochydore to Enoggera is included.

With no role off limits, students enjoy excitement and support with equal opportunities for training and career development. At the Women in Defence Day, young women will participate in an overwater obstacle course, tour the base and network with serving personnel over lunch.

**If interested, students will need to see me so that I can submit their application.** Places are strictly limited so don't miss out.

## Elevate Education

Parents of Immanuel Lutheran College have exclusive access to Elevate Education's Parent Webinar Series for Term Two. Elevate works with our students, delivering high-impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series, you will learn how to better support your children at home through reinforcing the skills they learn at school.

Their most recent webinar was on Memory and Effective Revision and took place last week. Elevate has kindly extended access for us so that parents who missed the live event can watch it on replay [here](#).

The webinar today Wednesday 2 June focuses on Exam Preparation and will help you create a revision road map with your child to help them prepare effectively in the weeks leading up to exams. With exams fast approaching, this will be a fantastic session to tune into. If you have not yet registered, you can do so [here](#).

The webinar is run live online from 7.00pm to 8.00pm (AEST) where the presenter will share Elevate's key research and strategies and conduct a live Q&A so you can ask them questions directly.

**PARENT WEBINAR SERIES**  
TERM 2, 2021

- #1 | TIME MANAGEMENT**  
*Does your child procrastinate? Do they cram for tests last-minute? Then this is the webinar to tune into. Students lead busy lives, and you can help them achieve balance by working smarter, not harder.*
- #2 | MEMORY AND FOCUS**  
*Learn why rote learning is ineffective and how your child can harness more advanced memory techniques to deepen their revision.*
- #3 | EXAM PREPARATION**  
*Exam preparation – what should students be doing and when? Join us to learn what how the top performing students prepare for exams and the type of study that should be prioritised in the lead up to exams.*
- #4 | STRESS AND WELLBEING**  
*School can be stressful and finding a school-life balance can seem overwhelming at times. In this webinar we will dive into the neuroscience behind stress and give you practical strategies to help support your child during the tougher periods to keep overwhelm at bay.*

✓ Live Q&A   ✓ Resources & Planners   ✓ Community Support

**elevate**  
education

Lynette Druery – Student Pathways Coordinator

E: [drueryl@immanuel.qld.edu.au](mailto:drueryl@immanuel.qld.edu.au) T: 5477 3455

## Careers Website

[www.immanuelcareers.com.au](http://www.immanuelcareers.com.au) is a dedicated careers website for both parents and students. It provides information on career planning, post school options and job opportunities. Information on the website will be continually updated so please check the website regularly.

## Wellbeing

On Friday 21 May, we welcomed Brainstorm Productions for their theatrical performance of *"The Hurting Game"* to students across Years 7 and 8. Two stage performers, with minimal props and technology, soon captured the attention of the 200+ students and held this through to the very end. Their message of remaining true to yourself, despite pressure from peers, was a powerful one. The session wrapped up with a Q&A, including one which ensured the actress involved would gladly consider returning – *"are you in high school?"*. She was 31 and left beaming!



Year 12 students have continued their tradition, introduced earlier this year, of service to students. They have cooked several pancake breakfasts recently, which have proven popular to those early enough to capitalise on a delicious start to the morning. This is quite a commitment from our seniors, as it requires them to be on the pancake tools at 7.30am. We are very grateful for their efforts and the service to their student community. We know they are already juggling a lot in their final year of schooling and appreciate their legacy. The students can look forward to hot chocolate in Term Three.

It's difficult to believe that we are fast approaching the middle of another year. Things get busy for us all and we soon find ourselves slipping back into familiar routines. I'm a parent myself, I hope these final bits of information are useful to some:

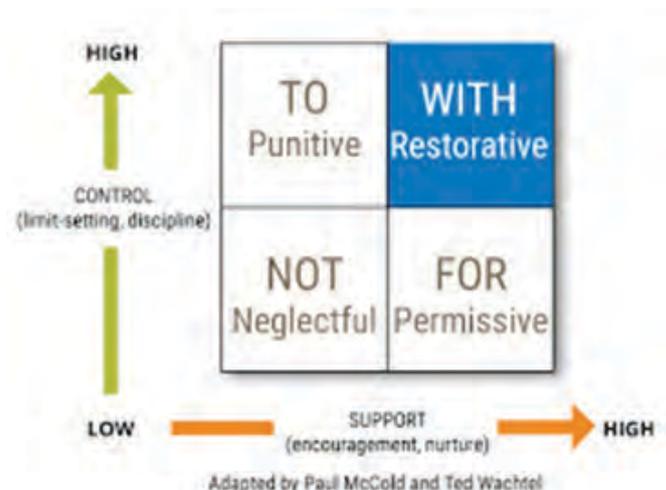


From Dr Bruce D. Perry – the reminder to *"regulate before you can even begin to reason"*. It's easy to meet emotion with emotion. Can you count how many conversations have ended well with shouting, or frustration, or tears? If we want to reason with our kids, we need to be in a reasonable state first – we need to regulate our emotions. Stepping away to calm down, contemplate, or reflect doesn't mean we're giving in. Instead, it means we are committed to finding the best possible outcome. It's hard work, but the investment will pay off...

1. When you find things are escalating poorly – pause, breathe and catch yourself for a minute. Ask yourself, *"is this who I want to be?"* We all know what we don't want to become, so catch yourself before you arrive at that unwanted destination!
2. Being a parent can feel at times as though it's the hardest job we've ever undertaken. But, it can also be the most rewarding... Accepting that perfection doesn't exist for any of us, will help to keep love and respect central to our parent/child relationship. We know that life is not a rehearsal – it's never too late to change our approach and to focus on building that mutually rewarding relationship that we seek.

The matrix below provides a useful target to frame both a parenting and teaching style on, as we learn to become increasingly restorative in our combined approach to best supporting our children's welfare and opportunity to flourish. We'll share more on "restorative practices" in future editions of the newsletter.

Shaun Cleary - Director of Wellbeing 7-12



## Secondary School Sport

Many sporting activities are taking place within the next two weeks and students need to check **Notices** each day regarding the scheduled training sessions for their sports.

### Netball

#### Monday night Netball (24 May)

**ILC5 v MSHS** – The girls continued their path to finals with another solid win against Maroochyodore. Their skill set continues to grow allowing positional versatility within the team. Defensively, the team is going from strength to strength - something we will need for the next few games.

**ILC4 v Siena** – This game was always going to be a hard-fought tussle. However, the girls took the court with renewed confidence and the work in our attack end has improved by using the depth of the court and slick circle rotation from both Poppy and Lily. All the girls applied defensive pressure down court, giving our back end defence of Charlotte and Kasey plenty of opportunities to turn the ball over. Congratulations on the win.

**ILC3 v St Teresa** – Congratulations on our first win of the competition. Heidi, Bonnie and Abbey kept to the game plan and all three defenders were able to get hand on ball. Alisha W was able to slot right in and played an integral part in the win, ably supported by Talia, Sian and Talitha. Fantastic win ILC3.

**ILC2 v St Teresa** – After a slow start in the first quarter, the girls turned the game around. Gabby put on some great holds in the shooting circle and our centre court players worked well at getting the ball down the court from defensive turn overs. Really looking forward to how the team play in our last game as they have great potential for finals!

**ILC1 v Creekers** – The team did not come away with a win this week. However, their through court attack led by Grace was much improved from the previous week. Defensively, Trinity and Abi were able to put a lot of pressure on the shooters and managed to slow the rate of scoring. Both girls have taken the advice and tips from Karla and worked hard to successfully apply them to their game.



#### Monday Night Netball (31 May)

**ILC1 v GSLC** – This was the last game for the Year 12s, and they came to play. We may not have come away with the win, but we came away as a team of winners.

**ILC2 v Siena** The girls had a great game this week to secure a place in the finals. Kiara took control of the defence end and took a bunch of awesome intercepts in her first time in the defensive circle. Maggie was a sparkling light in the attacking end and was able to deliver some great feeds into the shooting circle. We are looking forward to watching the girls play finals.

**ILC3 v GSLC.** Our defence end was up against a formidable attacking line and they were able to stand up to the challenge and should be very proud of how they played. Their teamwork in the last quarter against quality defenders saw a surge of 7 points. Thank you to Caela who came to support the girls in their last game, taking to the court as though she had played with the team for the entire season.

**ILC4 v Good Samaritan.** This game was the game to potentially take us to the finals. The girls had a fantastic game. Even though we came away with the win, it was not enough to get us into the finals. Congratulations to the girls for finishing the season with five consecutive wins.

**ILC5 v SBSHS.** A tough game but happily still through to finals. The loss is a good push to step up and bring our 'A' game for the final. Special mention to Molly Adams who had eye on the ball and picked off some impressive intercepts.

To read the full reports from coach Roxanne click [here](#).

#### Senior Vicki Wilson Cup

Congratulations to the senior team which competed on Friday. The girls played four games over the course of the day finishing second in their pool.

We started the day playing Siena. This proved to be the game that kept us out of the finals. However, the girls did not lose faith and bounced back in the next three games to come away with three strong wins.

I am very proud of how the girls have improved this year. This is partly due to their commitment to training but also through the help and guidance brought to the team from Karla Pretorius, Immanuel's netball mentor. Over the course of the day, we needed to manage a few injuries, requiring some players to play out of position. I commend Gabby and Trinity B, who stood up to the challenge. Congratulations to all the girls. Special mention to MVP of the day, Grace McCue



### Junior Vicki Wilson Shield

Congratulations to the junior team which also competed on Friday. Over the course of the day, the girls played five games winning three and finishing third which is an outstanding achievement.

With Year 8 away on camp, the team consisted of a mix of Years 7 and 9 players. This gave Year 9 girls the opportunity to take on a leadership role, helping the younger players. Our Year 7s took on the challenge and played amazing netball. Overall, the girls meshed very well together played awesome netball and all should be very proud of themselves.

A big thank you to Ava Elder, called in at the last minute to umpire our games. MVP for the day is Talia Marshal. Talia stood up and assisted our young attacking end. Well done to the Junior Vicki Wilson team.

To read the full reports from coach Roxanne click [here](#).



### Volleyball

#### SCISSA

In the Wednesday afternoon SCISSA competition, we saw some fantastic results.

- Senior Girls A v SAAC1 2:0 – ILC dominated the court with a strong attacking game and an impressive run of serves.
- Senior Girls B v SAAC2 2:0 This week, with consistent serves and great communication on the court, the ILC Girls had their second win of the season.

- Senior Boys A played a double header at Glasshouse Christian College. The boys lost their first game against SUN1 0:2 They picked their game up for the second game with our middles blocking well to shut down the opposition's attacking plays winning against NCC 2:0.
- Senior Boys B2 v GCC 2:1 A great game putting up some big blocks on the net to shut down the opposition's attacking options.
- Senior Boys B3 travelled to Caloundra City Private School for this game. Although serving and team defence were strong, CCPS defeated the B3 Boys bringing their first loss of the season.

All teams are showing great improvement leading into the final rounds of the SCISSA season. We wish them well for this weeks' games.

- Senior Girls A v GSLC1 at Good Shepherd Lutheran College at 4.45pm
- Senior Girls B v GSLC3 at Good Shepherd Lutheran College at 4.00pm
- Senior Boys A v GSLC1 at Good Shepherd Lutheran College at 4.45pm
- Senior Boys B2 v SUN2 at Suncoast Christian College at 4.00pm
- Senior Boys B3 v GCC2 at ILC at 4.00pm

### Junior Trish Buckley

The junior girls volleyball team has finished competing in the Sunshine Coast Junior Trish Buckley Competition. This team showed continuous improvement throughout the competition with strong serving and played outstanding defence to be able to perform three touch volleyball. The girls played their final game defeating NCC to claim second in their pool and finished third overall out of 11 teams. Congratulations to the girls and to Coach Sarah Barber. We look forward to them representing ILC for many years to come.



Junior Trish Buckley team and Coach Sarah Barber

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### AFL

The Sunshine Coast Division of the AFLQ school competition will be played next week with the junior and senior girls playing on Monday and the junior and senior boys playing on Wednesday. Teams have been training well for the past three weeks and we wish them the **best in their final training sessions this week**. Games will be played next week at the Fishermans Road Sports Complex.

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### Touch Competition Update

The College has eight teams entering the Term Three SCISSA Competition. This week, teams commenced pre-season training. All students in these teams are expected to attend all training sessions with their coaches. Please check Student Notices for details of these sessions.

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### Regional Cross Country

On Tuesday 1 June, four ILC secondary students represented the Independent District at the Regional Cross-Country Trials conducted around the Maroochydore Cricket Grounds. I look forward to reporting on their efforts in the coming newsletter. Well done Elysia Klingsch, Alex Barron, Lachlan Starling and Ruby Williams

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### Regional Surfing

Taking place today in Coolumb are the Regional Surfing Trials. ILC has three students involved – Grace McCue, Kiara Rychvalsky and Kiera Webb. We wish the girls well in this competition.

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### Congratulations to:

- William Baarslag – selected in the Sunshine Coast Regional Volleyball Team to play in the upcoming state championships on the Gold Coast in June.
- Sam Lapsley – selected for the Old U16 Schoolboys Hockey Team. An outstanding achievement.
- Tyger O'Halloran – received both the MVP and 'Players Player Award' at the recent RIP basketball competition.

Craig Harris – Head of Sport Years 8-12

T: 5477 3444 E: [harrisc@immanuel.qld.edu.au](mailto:harrisc@immanuel.qld.edu.au)

## 40 Immanuel Arts Festival

As the dust settles on another Immanuel Arts Festival, I'm still amazed at the breadth of talent amongst local artists, including our students. After the disappointment of having to cancel in 2020, the 40<sup>th</sup> Immanuel Arts Festival lived up to all expectations and was a very successful community event.

Over 300 local artists and students registered, with over 1,000 pieces of artwork on display in the gallery. We had an overwhelming response from Sunshine Coast locals, with hundreds of people coming through the doors over the three days and at the Gala Opening. The feedback we received from local artists is they are very grateful for the chance to exhibit and showcase their work in a gallery setting.

In the coming weeks, we will recognise and celebrate our students who participated in this year's festival.

An event of this size requires a team of helpers working together, and I offer my sincere thanks to the Arts Festival committee, along with the many parents and staff who volunteered their time to help. The committee has been working together since November last year to organise the festival and put in a lot of time over the last six months to ensure it all ran smoothly. There are many volunteers to acknowledge and I extend a heartfelt thank you to each and every one of them.

I also acknowledge and thank the sponsors, many of whom are ILC families and very generously contributed prize money to allow us to reward the winners of each category. A full list of sponsors is available [here](#) and I encourage you to support these local businesses. Without these businesses we can't provide these opportunities to local artists in the community.

While we are still finalising the financials for this event, I am pleased to say that we sold in excess of \$50,000 worth of art which is a record! The Immanuel Arts Festival is a fundraising event for ILC's P&F Community and will allow the P&F to distribute money back into projects and opportunities for our students.

In closing I thank the Immanuel community for embracing the Arts Festival and supporting this event. We are blessed to have families that value the importance of visual arts and the opportunity to connect with the wider Sunshine Coast community. I hope you'll consider getting involved in next year's event.

Lauren Nielsen – Arts Festival Convenor





**Winner**

Olga Garner-Morris  
 Maggie Wretham  
 Jo Murray  
 Peter Rowe  
 Betty Burkett  
 Kane Brown  
 Linda Sale  
 Gaylene Moor  
 John Allgood  
 Rayma Eveson  
 Karen Gemming  
 Owen Hutchison  
 Denise Lamby  
 Jo Cook  
 Larissa Salton  
 Kellie Parry  
 Teddy McRitchie  
 Tasman Walker  
 Lachlan Engelhardt  
 Mikayla Stephens  
 Madison Steward  
 Isabella Goshnick  
 Madeline James  
 Julie Vieira  
 Morgan Brown  
 Millie Sadlier  
 Lola McIntosh  
 Ruby Allen  
 Angeline Plescia  
 Emma Myers  
 Clara Oedekoven  
 Charla Bloom  
 Alice Bosdyk  
 Ella McCarthy  
 Alyssa Pardoe-Smith  
 Kasey Darlison  
 Ava Lloyd  
 Olya Ignatovich  
 Zoe Kamarinos  
 Eva Busch  
 Emily Dick  
 Abi Boutchard  
 Jade Bindon  
 Ashanti Mallett  
 Jordi Markwort  
 Kiara Rychvalsky  
 John Allgood  
 Libby Evans

**Category**

Most Outstanding Work of the Festival  
 Best Wearable Art  
 Judge's Choice  
 Best Mixed Media  
 Best Sculpture  
 Best Photography  
 Best Painting  
 Highly Commended - Painting (Oil)  
 Highly Commended - Painting (Acrylic)  
 Highly Commended - Painting (Pastel)  
 Highly Commended - Painting (Watercolour)  
 Highly Commended - Mixed Media  
 Highly Commended - Mixed Media  
 Highly Commended - Sculpture  
 Highly Commended - Photography  
 Highly Commended - Photography  
 Best Student Wearable Art  
 Best Work - Prep to Year 3  
 Highly Commended - Prep to Year 3  
 Highly Commended - Prep to Year 3  
 Encouragement Award - Prep to Year 3  
 Best Work - Years 4 to 6  
 Highly Commended - Years 4 to 6  
 Highly Commended - Years 4 to 6  
 Encouragement Award - Years 4 to 6  
 Best Work - Years 7 to 9  
 Highly Commended - Years 7 to 9  
 Highly Commended - Years 7 to 9  
 Encouragement Award - Years 7 to 9  
 Best Work - Years 10 to 12  
 Highly Commended - Years 10 to 12  
 Highly Commended - Years 10 to 12  
 Encouragement Award - Years to 12  
 Student Film Award  
 People's Choice – Open Category  
 People's Choice – Student Category



## Cocurricular Music

### Neon Lights Featuring Immanuel Dance Stars

Save the date! You are all invited to Neon Lights. Come along to a fantastic free concert. Refreshments will be on sale prior to the show by Friends of Music. See you there!

### Immanuel Arts Festival

#### Students Perform at Gala

Congratulations to Dylan Jesse, Nathan Linnett, Tamsin Linnett and Archer Palmer who performed at the 40<sup>th</sup> Gala Opening of the Immanuel Arts Festival. We have received many comments about how beautifully the soloists performed. Well done, super stars!



### 40<sup>th</sup> Immanuel Arts Festival Weekend

Thank you to all the families and friends who came along to support the ensembles that performed on Saturday as part of this year's 40<sup>th</sup> Immanuel Arts Festival. Concert Band, Symphonic Band, Years 1 to 3 Choir, College Chorale and Immanuel's Vocal Ensemble 1 appreciated having you there.



### Super Performance on Primary School Assembly

Outstanding work by Concert Band on Monday 31 May which performed for a very appreciative Primary School audience. Thank you to all Concert Band parents who came along and watched our performance. Well done, Concert Band.

### Secondary School Performances

We have had a bumper two weeks of performances on Secondary School Assembly and even have a few special videos that are being edited to share with you all later this term. Congratulations to Nathan Linnett for performing an outstanding original composition on Secondary School Assembly in Week 6. Outstanding work by Eden Henricks and Laci Williams who entertained the Secondary School this week with their musical performance. So much talent.

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### Cocurricular Music Recital Week

Thank you to all performers for signing up to perform at this week's recitals. There will be many wonderful opportunities to perform for a live and appreciative audience and further develop performance skills in a supportive environment. Congratulations to all musicians who performed at Monday's Woodwind and Brass Recital and Tuesday's Violin and Viola Recital. We still have a few great evenings of music this week for you to be involved with. Come along and enjoy the free live music!

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### Recitals

#### Singing

Thursday, 3 June at 5.00pm in the KLT. Students of Ms Jensen are to register their interest to perform at this recital by emailing [jensenl@immanuel.qld.edu.au](mailto:jensenl@immanuel.qld.edu.au) as soon as possible. Please note: some students will be encouraged by their Cocurricular Music Tutor to perform.

#### Piano Recital

Friday 4 June at 5.00pm in the KLT. Students of Mr Brown are to register their interest to perform at this recital by emailing [brownh@immanuel.qld.edu.au](mailto:brownh@immanuel.qld.edu.au) as soon as possible. Please note: some students will be encouraged by their Cocurricular Music Tutor to perform.

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### College Anthem Competition

Win \$200 Cash

Immanuel is launching an exciting competition! A huge thank you to <https://helenshadforth.com> who has kindly donated the prize money! Be sure to check out the link to this amazing local business.

We want a new anthem to capture what Immanuel is all about. We are chasing an original composition that is uplifting and something that everyone can be proud of. There are a couple of guidelines you need to work around in terms of lyrics, so please see Mrs Bonar if you want to know more. Entries need to be received by Wednesday 16 June. The winner/s will share in a \$200 cash prize proudly donated by designer and artist, Helen Shadforth at Minty Baxter. You will also work with resident music professionals to produce and record the song. Time to get writing!

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### Concert

On Monday 7 June, Concert Band, Immanuel's Vocal Ensemble 1 and Immanuel's Vocal Ensemble 2, will perform a short concert in the Sound Shell (behind Music in the Secondary School). Bring a picnic blanket and enjoy our little concert. We expect the concert to be finished by 5.00pm. All performers will be required to meet in KM8 at 3.15pm.

We will send out information to College Chorale, IVE1 and IVE2 with some additional changes to rehearsals for that afternoon.

Our wonderful Friends of Music will be selling a BBQ for all performers and families prior to the concert and during (the perfect early dinner option).

Students in all ensembles are required to wear full school uniform (formal and no blazers). See you there!

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### Dr Rob McWilliams

On Thursday 27 May we welcomed Dr Rob McWilliams Ph.D., M.Mus., B.Mus.Ed. to Immanuel.

Dr McWilliams is a specialist ensemble clinician who brought a wealth of knowledge and experience to the rehearsal room. Our special guest worked with Symphonic Band on numerous technical elements and the ensemble learnt a great deal from the experience.

This was such a wonderful opportunity for students and staff, and we look forward to welcoming Dr McWilliams back to Immanuel later in the year.



Stay up to date with Cocurricular Music at Immanuel via the closed Facebook group 'Immanuel Lutheran College Music'. We invite you to look us up on Facebook and request to join the closed group. By joining this group, you will be able to view photos from performances, receive updates regarding music events and concerts, and read stories about what our students are achieving during their musical journey at Immanuel.

Emily Bonar - Cocurricular Music Coordinator  
E: [bonare@immanuel.qld.edu.au](mailto:bonare@immanuel.qld.edu.au)

### Enrolling for Cocurricular Music Lessons

- An application form must be completed if students wish to enrol for Cocurricular Music lessons at the College (please complete one SEQTA application for each child).
- Music Bursaries are available, which provide free tuition and instrument hire of a College instrument (if required).
- To assist parents to know whether it is worthwhile for their child to learn a musical instrument, or which instrument to learn, a Music Aptitude Test is available. Please phone the College Main Administration on T: 5477 3444 and ask to speak to the Cocurricular Music Coordinator.
- Cocurricular Music lessons are charged at the recommended minimum tuition fee advised by the MTAQ. Individual half-hour lessons are available at \$37.00. Group lessons are \$25/lesson. The College has aligned its rates with other local colleges to continue to attract excellent staff and reinforce the vision for Cocurricular Music at Immanuel meeting and surpassing excellence in music education.

### Ensemble Rehearsals

You will find a copy of our updated ensemble rehearsal schedule on SEQTA. Don't forget to check in with all the links on SEQTA from time to time so you don't miss any important information.

Our Cocurricular Music Calendar is also on SEQTA and is a great tool for staying organised.

### Important Information Regarding Lesson Attendance and Absentees

- Students who absent themselves from lessons will be charged the normal fee.
- Illness must be reported directly to the music tutor or Cocurricular Music Coordinator *prior* to the lesson.
- The tutor is to be notified two days in advance if a change in lesson time is required.
- Please note that notification of not being able to attend a lesson minutes before the lesson or at the time the lesson is to take place, whether it be via email or phone, is not acceptable and will not result in a catch up lesson being scheduled.

### Music Exam Results

Remember to email your music exam results to [bonare@immanuel.qld.edu.au](mailto:bonare@immanuel.qld.edu.au) so we can celebrate your achievements.

### Cocurricular Music Stock

Need new reeds? We can help. Available from the College Business Office.

## Commercial Operations

### Tuckshops

- This Friday 4 June we are celebrating international donut day in the Primary School Tuckshop. Please order via Flexischools. Donuts are \$3.00. As we have limited numbers, please order early to avoid disappointment.
- The Secondary School will be selling State of Origin donuts on Wednesday 9 June for \$3.00 Pick you colour!

You can purchase from the Secondary School Tuckshop using cash, EFTPOS, with a student ID card linked to your Flexischools account or online using Flexischools.

The Primary School remains unchanged with online ordering through Flexischools. Check out tuckshop information [here](#)

We require help in the Secondary School Tuckshop on Tuesday 8 and 15 June. Can you help? Even for a few hours?

No experience is needed as tuckshop staff are more than willing to assist. We welcome any time you can give, whether it is once a week, fortnight, term or month, even if only for a few hours. In both the Primary and Secondary Schools, we require assistance from 8.30am to 1.30pm. We provide you with a cuppa and some lunch. Volunteering is a great way to meet other parents and become part of our College community. You are assured of a very warm welcome. Please see the roster attached to this newsletter as we need help on the days highlighted in yellow. Please contact me if you can assist.

We are currently working on the Term Three roster and need help. Please contact me if you can join our team.

### College Shop

We have plenty of jumpers, tracksuit tops and pants if your child is feeling the cold. We also stock navy tights which are only to be worn with the formal dress.

Parents are still looking for second-hand items, particularly jumpers and tracksuit tops so if you have any uniform items that your child no longer needs, please bring them in. They must have the current logo, be washed, ironed and with no marks.

Simple to purchase on Flexischools and we will deliver items to your child's classroom or Home Group teacher – easy!

Diane Paterson – Commercial Operations Manager  
T: 5477 3457 E: [patersond@immanuel.qld.edu.au](mailto:patersond@immanuel.qld.edu.au)

#### College Shop Hours Term Time

Monday 7.30am–9.30am  
Tuesday and Thursday we are closed  
Wednesday 7.30am–9.30am and 2.00pm–4.00pm  
Friday 7.30am–9.30am

Alternatively, items can be ordered online via [www.flexischools.com.au](http://www.flexischools.com.au) and delivered to your child's teacher.

Secondary Tuckshop				Primary Tuckshop (operates M/W/F)		
April 2021						
Week 1	Monday	19	Winnie Liu			
	Tuesday	20				
	Wednesday	21	Melissa Holzberger			
	Thursday	22				
	Friday	23	Terrii Lanham	Esther Wong	Kerri Barr	Deb Massey
Week 2	Monday	26	<b>ANZAC DAY HOLIDAY</b>			
	Tuesday	27				
	Wednesday	28	Tamarind Przewlocki	Jenni Ferguson	Joyclyn Turner	
	Thursday	29	Kim Dworjanyn			
	Friday	30	Georgia Carroll	Libby Collins	Tess Bamford	Lauren Ramsay
<b>May 2021</b>						
Week 3	Monday	3	<b>LABOUR DAY HOLIDAY</b>			
	Tuesday	4				
	Wednesday	5	Sharon Weymark	Melissa Holzberger	Megan Jantke	
	Thursday	6	Cheryl McLean			
	Friday	7	Kerri Barr	Melissa Cridland	Bianca Gasson	Georgia Carroll
Week 4	Monday	10	Winnie Liu		Deb Massey	
	Tuesday	11				
	Wednesday	12	Jane Lonergan	Mary-Ann Brayne	Joyclyn Turner	
	Thursday	13	Cheryl McLean			
	Friday	14	Terrii Lanham	Esther Wong	Clare Bond	Stacey Speed
Week 5	Monday	17	Winnie Liu		Belinda Lovatt	
	Tuesday	18	Aleesha Darlinson			
	Wednesday	19			Kate Grandy	
	Thursday AF	20	Aleesha Darlinson			
	Friday AF	21	Melissa Cridland	Fran Williams	Kerri Barr	Olga Robinson
Week 6	Monday	24	Winnie Liu		Claire Lunny	
	Tuesday	25				
	Wednesday	26	Tamarind Przewlocki	Jenni Ferguson		
	Thursday	27	Bronwyn Klingsch			
	Friday	28	Terrii Lanham	Esther Wong	Bianca Gasson	Tess Bamford
	Monday	31	Winnie Liu		Aaron Mortimer	
<b>June 2021</b>						
Week 8	Tuesday	1				
	Wednesday	2	Melissa Holzberger		Fiona Clowes	Naomi Scamp
	Thursday	3	Claire Lunny			
	Friday	4	Melissa Cridland		Kerri Barr	Lauren Ramsay
	Monday	7	Winnie Liu		Dorothy Zhang	
	Tuesday	8				
	Wednesday	9	Belinda Lovatt		Dorothy Zhang	
	Thursday	10	Cheryl Mclean			
	Friday	11	<b>SUNSHINE COAST SHOW HOLIDAY</b>			
Week 9	Monday	14	Winnie Liu		Belinda Lovatt	
	Tuesday	15				
	Wednesday	16	Melissa Holzberger		Heather Turner	
	Thursday	17	Kim Dworjanyn	Sharon Weymark		
	Friday	18	Terrii Lanham	Esther Wong	Danni Frazer	Christine Frazer
<b>END OF TERM</b>						