



Secondary School Tuckshop Menu Term 1, 2023

Hot Selections

■ Toasted sandwiches ☺	from \$4.50
■ Meat Pie	\$5.00
■ Bacon & Cheese Pie	\$5.00
■ Curry Chicken & Vegetable Pie	\$5.00
■ Feta & spinach roll	\$4.00
■ Sausage rolls	\$4.00
■ Homemade Meat lovers Pizzas ☺	\$5.00
■ Sauce Sachet – Tomato or BBQ	.50
■ GF Zucchini Slice ☺	\$6.00
■ GF Sausage Roll <i>Local supplier</i>	\$5.00
■ GF Meat Pie <i>Local supplier</i>	\$6.50
■ GF Cup Cakes ☺	\$3.50

Cold Selections

Please note: Salads & wraps for lunch only

■ Salads – Chicken, ham, egg or tuna salad ☺	from \$6.50
■ Salad Wraps ☺	\$6.00
■ Egg Salad Wrap ☺	\$6.50
■ Chicken or Ham Wrap ☺	\$6.50
■ Chicken and Egg Salad Wrap ☺	\$7.00
■ Sandwiches from ☺	\$4.00
■ Sushi - Crumbed chicken & Avocado (Fridays)	\$4.50

Snacks

■ Fresh fruit salad cup ☺	\$4.50
■ Fruit & yoghurt with muesli ☺	\$5.00
■ Custard tubs/Jelly tubs ☺	\$2.50
■ Cheese and Crackers ☺	\$4.00
■ Banana bread	\$3.00
■ Chocolate chip cookies ☺	\$3.00
■ Cupcakes ☺	\$3.00
■ Gingerbread	\$2.50
■ Chips: Smith or Red rock	\$2.50
■ Vege chips (GF)	\$2.50

Drinks

■ Water - plain 600ml	\$2.00
■ Milk - Chocolate/Strawberry 300ml	\$2.50
■ Milk - Chocolate/Strawberry 500ml	\$4.50
■ Ice Break Milk - 500ml	\$5.00
■ Iced Tea – peach/mango 500ml	\$5.00
■ Juice Poppers - assorted flavours 250ml	\$2.00
■ Assorted Emma & Tom's juices	\$4.50

Ice creams

■ Bulla frozen yoghurt - straw & mango	\$3.50
■ Icy poles – lemonade	\$2.00
■ Lifesaver	\$3.00
■ Bulla Vanilla tub	\$2.50
■ Billabong Ice-creams	\$2.50
■ Milo scoop ice cream	\$4.00

☺ = Denotes items made in the Tuckshop

Daily Lunch Specials

Monday

Meatball Sub ☺	\$5.00
Meat balls in tomato sauce with melted cheese	

Tuesday

Cheese burger ☺	\$5.00
Meat pattie with tomato sauce & cheese	

Wednesday

Bacon & egg burger ☺	\$5.00
Bacon, egg & BBQ sauce	

Thursday

Nachos ☺	\$5.00
Beef mince, corn chips & cheese	

Friday

Chili chicken Sub ☺	\$5.00
Chili tender, cheese & sweet chili sauce	

MEAL DEAL \$9.00

Hot meal, garlic bread & popper

Spaghetti Bolognese, Chicken curry, Chicken fried rice or Butter chicken.

<http://www.flexischools.com.au>

Want to get your favorite food, jump the queue, order online and collect at the end window.

Remember you can upload money onto your student ID card or we have EFTPOS!

Volunteers are always welcome and appreciated, if you can help please contact:

Tuckshop
Diane Paterson

T: 5477 3456 or
T: 5477 3457