



**Immanuel
Lutheran
College**

MON - FRI
Orders via
Flexischools
cut off is
8.30 am

Daily Specials



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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ADDITIONAL ITEMS	The reach in fridge - yoghurt pots, fruit daily salad tubs, tall single fruit cups, bircher muesli, selection of sandwiches, wraps & rolls, drinks, juices & water.				
	The bakery counter - banana bread, daily muffins, baked slices, fresh whole fruit				
	The hot cupboard - variety of toasted sandwiches on grain & white breads, toasted fruit bread, banana bread, hot pastry selection, the 'special' club toasted sandwich that changes daily plus more				

MORNING TEA

The hot cupboard	Cheesy Vegemite scrolls	Roasted vegetable sourdough toastie with mozzarella & nut-free pesto	Vietnamese bahn mi with marinated chicken, shredded vegetables & mayo	Breakfast burrito	Pizza focaccia strips with sundried tomato, basil & mozzarella
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LUNCH

Option 1	Grilled tandoori chicken flatbread with Indian chopped salad & raita	Beef & vegetable ragu with penne pasta & shaved parmesan	Loaded jacket potato with BBQ pulled beef, slaw, mozzarella & sour cream	Butter chicken with naan bread & rice	Crumbed fish burger with tartar sauce & salad greens
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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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ADDITIONAL ITEMS	The reach in fridge - yoghurt pots, fruit daily salad tubs, tall single fruit cups, bircher muesli, selection of sandwiches, wraps & rolls, drinks, juices & water.				
	The bakery counter - banana bread, daily muffins, baked slices, fresh whole fruit				
	The hot cupboard - variety of toasted sandwiches on grain & white breads, toasted fruit bread, banana bread, hot pastry selection, the 'special' club toasted sandwich that changes daily plus more				

MORNING TEA

The hot cupboard	Meatball sub with napoli & tasty cheese	Mexican chicken quesadillas	Roasted tomato & basil soup with garlic & herb focaccia strips	The B.L.A.T. - bacon, lettuce, avocado & tomato wrap with mayo	Mexican bean loaded nachos with guacamole & sour cream
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LUNCH

Option 1	Moroccan chicken tagine with cous cous & raita	Honey soy pork & vegetable hokkien noodle stir fry	Beef burger with crisp lettuce, tomato, cheese & pickles	Chicken fried rice with vegetables, egg omelette & fried shallots	Baked penne bolognese with garlic bread
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